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### **REGULAR VILLAGE ACTIVITIES— POSTPONED**

Tuesday	7.30 pm	Table Tennis Club	Village Hall
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#### REGULAR MONTHLY ACTIVITIES—POSTPONED

1st Monday in each month	7.30pm Monday Sisters	The Sun
1st Wednesday in each month	7.45pm Pub Quiz	The Sun
2nd Tuesday every other month	7.30pm Parish Council Meetings (Jan/Mar/May/July/Sept/Nov)	Committee Room
2nd Thursday in each month	3.00pm Thursday Club	Committee Room
3rd Tuesday in each month	7.30pm WI	Committee Room

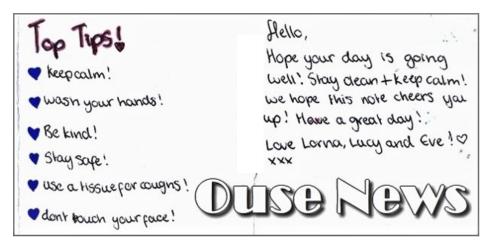
#### **CHURCH OFFICERS**

Rector Revd Paolo Di Leo (782000)
Lay Leaders of Worship Rosemary Drewery (07792 926 004)
Jane Templeman (07885 617 583)
Churchwarden Sue Whitehouse (781300)

Treasurer Stephen Hill (781064)

Editor: Jane Carwithen (782185) or email <u>janecarwithen@gmail.com</u>

Items to be with the Editor for the next edition by NOON on 25<sup>th</sup> of the month



## Parish Online: www.felmersham.net

**April 2020** 

### The Golden Rule

Our English language has always been a rich national treasure. It has enabled many writers to express thoughts and feelings in creative ways, much like composers use music or artists use a canvas. The impact and influence of the words we use are evident in our everyday life in for example, advertising, news reporting and political rhetoric. And this has never been truer than during the present COVID 19 crisis. We now easily use phrases such as 'social distancing' and 'self-isolation'. Before the COVID 19 crisis both these phrases, if used at all, meant very little to our every day lives. Today they represent a set of imperatives that we must all adhere to for the wellbeing of others and ourselves. They communicate and, in many ways, 'command' us to behave in such a way, towards others and ourselves, that will contribute to the attenuation of the spread of COVID 19 and limit its impact. This we must do for the sake of others and ourselves.

Both these imperative statements echo what we have many times heard through the Biblical command from Jesus to 'Love your neighbour (that is; others) as yourself', and that 'There is no commandment greater than these.' (Mark 12:31). For many this has been seen as a universal 'Golden Rule' that any peaceful, loving and civilised society must abide by. During this crisis these words of wisdom from Jesus have never been more important. Laudably and commendably, many have sacrificially offered their services and help as volunteers to national and local initiatives. This is indeed to live out part of the 'Golden Rule' and one that will not only alleviate the suffering, loneliness, fear and anxiety of many, but will save lives.

However, the 'Golden Rule' also includes an important aspect we often neglect, and that is that we must also look after ourselves. Without looking after (ctd)



### The United Benefice of Sharnbrook, Felmersham and Knotting with Souldrop www.SharnbrookCofEChurches.org

## Benefice Arrangements During the Corona Virus Period

As of 24<sup>th</sup>. March 2020, all public worship is suspended and all our benefice churches will be closed for a period of indeterminate length.

Although we are not holding public services in our Churches we will be offering opportunities for worship, prayer and study online.

## The chosen times of online worship for the whole benefice are:

Sundays: 9.30 – Parish Communion

Wednesdays: 9.30 – Holy Communion or Morning Prayer.

### During Lent:

Mondays and Fridays: Compline at 8.00 pm

Full details of access to our online worship will be distributed via the emailed Pew Notice. If you are not yet receiving the emailed Pew Notice please send an email to <a href="mailto:roland.carpenter@tiscali.co.uk">roland.carpenter@tiscali.co.uk</a> Alternatively you can access the services online with this link: <a href="https://zoom.us/i/763110804">https://zoom.us/i/763110804</a> from 30 minutes before the service.

### For further information or other pastoral assistance please contact:

The Rector: Revd. Paolo Di Leo:

Office: 01234 782000 Mobile: 07968 606377 rev.pdileo@gmail.com

Or Revd. Nick Munday

Home:01234 782800. Mobile 07966 377108 n.j.munday@btinternet.com

Churchwardens: Roland Carpenter 01234 781551 roland.carpenter@tiscali.co.uk

(Sharnbrook) Janet Norman 01234 781997 (Felmersham

& Radwell ) Sue Whitehouse 01234 781300 susiem17@gmail.com

Souldrop @ Nick Wells 07841 759497 nickw1986@hotmail.com

Knotting

Rector of Shambrook – Revd. Paolo Di Leo, MBA, BA Hons. The Rectory, 81 High Street, Shambrook, Bedfordshire MK44 1PE Office: 01234 782000 Mobile: 07968 606377. Email rev.pdileo@gmail.com







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Annette Courtney 783164		Daisy Bank Kennels Professional Grooming & Pet Shop	Mrs Gee 01234 720241
Helen 01234 782402		Reflexology	Jackie Chambers MAR 07803 157963 783189
Neil Smith 01234 720801		Maths Tuition (inc. A Level & Further Maths)	Geraldine Hubbard 781413
J Lewes FRSA 07584 161 300			
	782063  Maxine Boswell 781940 07985 228 116  07786 344 176  Ch. Tweeddale 781279  Annette Courtney 783164  Helen 01234 782402  Neil Smith 01234 720801  J Lewes FRSA	782063  Maxine Boswell 781940 07985 228 116  07786 344 176  Ch. Tweeddale 781279  Annette Courtney 783164  Helen 01234 782402  Neil Smith 01234 720801  J Lewes FRSA	TREADERS  Painting & Decorating  TIT Services (business or home)  The Services (business or home)

#### Welcome to the award-winning



## SHARNBROOK MILL THEATRE

Patrons: Joanna David & Hugh Laurie CBE : Registered Charity 242164

#### STATEMENT ON BEHALF OF SHARNBROOK MILL THEATRE - 16 MARCH 2020

The health and safety of our patrons, performers and volunteers is at the forefront for everyone at the Sharnbrook Mill Theatre Trust; so, after the announcement on 16<sup>th</sup> March from The Government on the coronavirus, we have decided to <u>postpone</u> all up and coming performances and events.

At the moment no events will go ahead and we aim to move everything forward several months.

All tickets for the Gilbert and Sullivan evening and Little Shop of Horrors will be refunded.

As you can imagine this is a difficult time for everyone and as we are all volunteers this might take a little longer to arrange.

Rescheduling all our events is our top priority, so please bear with us while we try to put everything in place.

Thank you for your continued support and understanding at this difficult time.



Please visit our website: <a href="www.sharnbrookmilltheatre.co.uk">www.sharnbrookmilltheatre.co.uk</a>; you will find under 'Blog' critiques by The National Operatic & Dramatic Association (NODA) of our recent shows and other interesting News. Also follow us on Facebook: <a href="mailto:sharnbrookmilltheatre">sharnbrookmilltheatre</a> & Twitter: <a href="mailto:www.sharnbrookmilltheatre">www.sharnbrookmilltheatre</a> co.uk</a>; you will find under 'Blog' critiques by The National Operatic & Dramatic Association (NODA) of our recent shows and other interesting News. Also follow us on Facebook: <a href="mailto:sharnbrookmilltheatre">sharnbrookmilltheatre</a>. & Twitter: <a href="mailto:www.sharnbrookmilltheatre">www.sharnbrookmilltheatre</a>. & Twitter: <a href="mailto:www.sharnbrookmilltheatre">www.sharnbrookmilltheatre</a> & Twitter: <a href="mailto:www.sha

**In addition to our shows and fundraising events,** we have a number of **on-going** initiatives to help you support your award-winning local theatre during this period:

<u>Join our 50/50 Club</u>: In return for monthly donations by Club Members from just £1 by standing order, 50% of the fund is shared with 3 winners; prizes are currently: 1<sup>st</sup> £42.50, 2<sup>nd</sup> £25.50 and 3<sup>rd</sup> £17.00. 50% goes to our 'Cool-Down' Appeal.

Please ask Theo Gibbs (Draw Promoter) to email you details: <a href="mailto:twhg1@outlook.com">twhg1@outlook.com</a>

**Do you shop on line?** Please register first with: <a href="www.easyfundraising/causes/sharnbrookmilltheatre.co.uk">www.easyfundraising/causes/sharnbrookmilltheatre.co.uk</a>; then every time you shop on-line, begin your search via <a href="mailto:easyfundraising">easyfundraising</a>; 1000s of stores will donate to us a small %age of the price of your item at no cost to you!

**Also, please save all your used ink cartridges!** - & contact Theo as above, when it's all over, to arrange collection - or bring them to The Mill.

Please take care and stay safe.

Sharnbrook Mill Theatre Trust



The Festival 2020 Committee has reluctantly concluded that the only way forward with the Festival 2020

celebrations is to postpone them, lock, stock and barrel, until 2021. We all look forward to the celebrations in 2021.

(ctd from overleaf) ourselves we will not be able to look after others, and without looking after ourselves we will increasingly burden others, such as all our valiant volunteers and our courageous NHS staff, therefore reducing their capacity to scale and look after the very needy and desperate, at the very time they need them.

The 'Golden Rule' commanded by Jesus 'to love others as yourself' has never been more important to all of us. To love and care for others is to express a beautiful and priceless love that reveals the very nature and image of God in all of us. Let us all do what we can for each other, from the simplest friendly phone call, to picking up and delivering much needed food and medication but let us not forget to look after ourselves. This 'Golden Rule' is one that requires us to love others and to love ourselves in equal measure. It is through this that we display our love and worship of God and fulfil his will and purposes in our lives and in the lives of others, and love of God is another aspect of the 'Golden Rule'.

Or to put it the way Jesus put it: "The first law is, Love the Lord your God with all your heart. Love him with all your soul. Love him with all your mind. And love him with all your strength." The second law is this: "Love your neighbour as you love yourself." No law is greater than these laws.' (Mark 12:30-31 Worldwide English (New Testament)).

Love of God, Love of Others and Love of Self 'in equal measure' is the 'Golden Rule' by which we will be able to provide the support and help needed to all at this time of crisis.

#### Revd Paolo Di Leo

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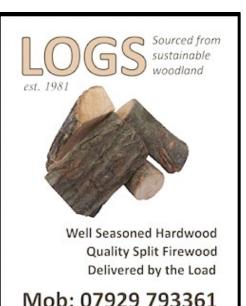


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## **CARERS TOGETHER**

Meet with other Carers knowing the person you care for is enjoying activities in a safe and friendly environment.

There will be no further meetings until further notice

at The Methodist Church, Park Lane, Sharnbrook

Churches Together working with Tibbs Dementia Foundation

Suggested Donation £2

For more information contact the group's Co-ordinator Linda Hoar 07791214148

lindahoar@hotmail.co.uk

## A RECOMMENDATION

**Blanche Smith** 

## GCH FISHMONGERS LTD, 2 Newnham St. Bedford 01234 301472 & 07540 316464

I am a regular customer of the above fishmonger and can unreservedly recommend their products. Gary & Caroline Hooper run the business and I have approached them to see if they would make a **regular delivery to Felmersham on Thursdays.** As they are closed on Mondays, it gives customers time to phone in their order a couple of days before delivery and, ideally, pay with a credit card to make it all simple. There would be no delivery charge. As Gary pointed out, there could be delays and shortages in the future but he is very enthusiastic about the idea. This service is designed to help us in this crisis and also to keep a very worthwhile local shop in business.

# WATERWAYS PET AND AQUATICS \*\*\*IMPORTANT UPDATE\*\*\* Jon Longstaff ALTHOUGH THE MILTON ERNEST GARDEN CENTRE IS CLOSED THE PET SHOP IS STILL OPEN TO KEEP YOUR PETS FED Phone 01234-823567 to place orders

As from Monday 30th March opening times will be from 10.00am until 2.00pm only and closed on Sundays. The manager will be able to do a limited delivery service to those vulnerable people in surrounding villages but PLEASE only ask for this if you really need it. Pay over the phone and then we can arrange non-contact handover. We can get orders together reasonably quickly. No cash please.

### **COFFEE MORNING AND TEAS IN THE CHURCH**

Jane Wells

In view of the current coronavirus situation the April Coffee Morning to be hosted by Chris and Maggie Spoor has been cancelled, togehter with Teas in the Church. Take care all and we hope to resume as soon as we are able to.

## **REMEMBRANCE DAY POPPIES**

**Sue Evans** 

In response to the item I put into the last edition of OUSE NEWS there is now a small group of people who have expressed an interest in knitting poppies for a Remembrance Day display for the church.

However, if anyone else would like to join in that would be brilliant. As we are now confined to our homes it might be a worthwhile activity that would fill up some time. However, it will depend on whether I can still order the wool and get it delivered.

If you are interested, please contact me on 782523.

Many people have expressed their thanks to Lorna, Lucy and Eve (see Header) for their lovely **Positivity Note** that was put through so many letterboxes. It made everyone smile. As one person said, "Thank you for stopping the clock whilst we perused your card with delight." **Well done girls!** 

The **Facebook** page for **Felmersham and Radwell Village Group** is an ideal place to post any information that you may wish to share.

Please also remember to look at www.felmersham.net.

The Editor of Ouse News always welcomes copy. Please just phone 782185 or email janecarwithen@gmail.com. Deadline 25th of the month.

## Bedfordshire.Libraries@bedford.gov.uk

There is a wide range of online services and resources available through the Virtual Library, including e-books, audio books and e-magazines.

https://virtual-library.culturalservices.net/webingres/bedfordshire/vlib/0.beds\_libraries/online\_resources.htm

Anyone can join, you don't have to be an existing library member. https://virtual-library.culturalservices.net/cgi-bin/vlib.sh?engtype=REGISTER

# FELMERSHAM & RADWELL COMMUNITY CARE Maggie Spoor

Felmersham & Radwell Community Care is a good neighbour scheme which operates in the parish. Our mobile 'phone (07786 344 176) is manned by local volunteers on a weekly rota.

During the current crisis the response from the community has been amazing with many offers of help to anyone self-isolating or affected by the advice to stay at home. As a result we have been able to create a register of volunteers in Felmersham and Radwell and we are immensely grateful to everyone for their help. Information cards have been delivered to residents which include the contact details of someone on their road they can call if needed.

The Community Care 'phone will continue to be monitored as usual.

If you would like more information please contact Jane Carwithen on 07989 133149, email janecarwithen@gmail.com or Maggie Spoor on 782031, email mgspoor@icloud.com.



Why not try a new recipe?

Lots of ideas from TheWI website

www.thewi.org.uk/life-at-the-wi/food-and-cookery

Recipe of the week

**Oaty Carrot and Oregano Muffins** 

These savoury muffins make a tasty snack



## The Latest News

## **Cooked Meals**

The Take It Away menu has now been replaced by a

### **DELIVERY SERVICE**

with all dishes delivered to your door without any contact. One meal each

night is on offer (as posted on The Sun's page on Facebook). This meal will be made that day and delivered cold between 2pm - 5pm ready to reheat when needed. It is also suitable for keeping in the fridge for a couple of days or freezing.

Please order by 5pm **THE PREVIOUS DAY** to help us know demand.

Please let us know if you are vegan, vegetarian or have dietary requirements and we will adapt dishes for you.

## The Shop

We have increased the range of food that we have in the shop, ranging from the essentials to fruit and vegetables, with a next day delivery for meat and fish. As with the delivery of meals, items from the shop can be delivered to your door.

The shop is open from 10am - 2pm if you wish to call.

**Orders** for meals or items from the shop can be made on:-01234 781355

WhatsApp 07756 369 058

Payments can be made over the phone or via bank transfer.

We can't wait to welcome you all back to the pub, we promise we will be more jolly than ever before, wine and beer will be flowing, the food will be cooked with love and all will be just right... But until then we thank our customers new and old, our suppliers and our super duper team for being a top bunch of humans... Hats off...

**Pete Pestell**